

Daily Homily
Friday After Ash Wednesday
Lent
24 February 2023
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What do you hunger for?

That's what Ash Wednesday fasting was supposed to instill in us... going with less so that we can experience a bit of the pangs of hunger, physically.

That's what our abstaining from meat is about today... being conscious that today is different, we can't have everything we want. Because there are many people in the world who don't have anything they want.

What do you hunger for? What does your body hunger for? What does your soul hunger for?

Those are some questions to take to prayer on this Lenten day. Those are some questions to bring to the food of this Eucharist.